

## About This Leaflet

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This leaflet is designed to be a starting point. Hopefully, it has provided sufficient information to help you get started in the job of guiding your child towards becoming more aware of the dangers they might face when using information and communication technologies. Further information can be obtained via the links provided within this booklet.

## Points of Contact

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### Designated Safeguarding Lead & E-Safety Co-ordinator:

M.Boothe

### Deputy Safeguarding Lead:

D.Sutherland

### Senior Information Risk Owner(SIRO):

S.Cooper

### ICT Technician:

A.Goodenough

All of the above points of contact can be reached via the email address referenced at the back of this leaflet

More information can be found on TJAs safeguarding page at:

[TheJubileeAcademy.org.uk/safeguarding/](http://TheJubileeAcademy.org.uk/safeguarding/)



### *The Jubilee Academy*

73 - 77 Lowlands Road  
Harrow  
HA1 3AW

0203 096 1221

[info@thejubileeacademy.org.uk](mailto:info@thejubileeacademy.org.uk)



THE JUBILEE ACADEMY

## Parental Controls



# Setting Parental Controls at home

## Introduction

Parental controls are designed to help protect children from inappropriate content they may come across online, such as pornography. These controls can be used to limit access to only age-appropriate content, to set usage times and to monitor activity.

Parental controls can be set up in multiple ways, the 4 best/most common are:

### Via internet provider

Internet providers offer filters that can be applied to block access to inappropriate content for anyone connected to your home internet. This normally comes at no extra cost.

### Via mobile operator

Mobile operators apply filters by default but you can always check that they are in place by contacting the operator if you are a named account holder.

### On the Device

Most devices have parental control options, however these can normally be overridden, consult the manuals for information on controls and preventing them from being changed.

### Via online services

Some online services, such as YouTube and BBC iPlayer, offer parental locks which are useful for young children.



## How do I set these up?

Talk to your internet provider or visit their website, each provider has their own specific way of filtering and will be happy to help you get the most out of your service.

The same route can be taken with regards to mobile phones and any other devices that can connect to the internet without using your home connection. Companies that provide 3G and 4G services can restrict access to only age appropriate websites.

Other devices, such as games consoles, may be able to restrict viewing of age rated DVDs or the playing of age related games. Often you can restrict how these devices are used to communicate with other people.

## Parentalcontrols-on.org

This website is a great resource to help determine which parental controls and filters you need to apply.

It offers a step by step guide to determining which devices in your household need to have filters applied and then offers advice on how to set up each different filter on these devices.



## Useful Links/Resources

[bt.custhelp.com](http://bt.custhelp.com)

[www.talktalk.co.uk/shop/security/homesafe](http://www.talktalk.co.uk/shop/security/homesafe)

[www.virginmedia.com/shop/broadband/parental-control](http://www.virginmedia.com/shop/broadband/parental-control)

[www.sky.com/Shield](http://www.sky.com/Shield)

<http://parentalcontrols-on.org/>