Quick Guide to Coronavirus Related Absences

What to do if	Action needed	Return to school
My child has coronavirus symptoms:	Do not come to school	If the test result is negative and the child feels well and they no longer have symptoms, they can stop self- isolating.
• a high temperature – this means you feel hot to touch on your chest or back (you do not	Child to self-isolate	
 need to measure your temperature) a new, continuous cough – this means 	Book a COVID test immediately	
coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you	Inform the school as soon as you get the test result	
 usually have a cough, it may be worse than usual) a loss or change to your sense of smell or 	Stay in regular contact with the school	
taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal		
 https://www.nhs.uk/conditions/coronavirus- covid-19/symptoms/ 		
My child tests positive for coronavirus	Do not come to school	They can return to school after 10 days even if they still have a cough or a loss of the sense of taste or smell. These symptoms can last for several weeks once infection is gone. If they continue to have a high temperature (over 37.8c) and they have diarrhoea or are vomiting they should stay at home until 48 hours after these symptoms stop.
	Inform the school immediately about the test result	
	Self-isolate for at least 10 days	
	Stay in regular contact with the school	
Somebody in my household has coronavirus symptoms	Do not come to school Self-isolate for 14 days	Stay at home for 14 days after the person in the household started experiencing symptoms. However, if there is a negative test result and the household member no longer has symptoms and the child has not developed symptoms they can return to school.
	Stay in regular contact with the school Household member to get a test Inform the school immediately about the test result.	
Somebody in my household has tested positive for coronavirus	Do not come to school Self-isolate for 14 days Inform the school immediately about	The child has completed 14 days of self-isolation
NHS Test and Trace Service has identified my child	the test result. Do not come to school	The child has completed 14 days of
as a close contact of somebody with confirmed coronavirus	Self-isolate for 14 days Stay in regular contact with school	self-isolation
My child has travelled abroad and has to self- isolate as part of the quarantine process	Returning from a destination where quarantine is needed Do not come to school Self-isolate for 14 days Stay in regular contact with the school	When the quarantine period of 14 days has been completed.
Staff or pupils in my child's bubble have tested positive for COVID-19	The school will take advice from PHE Health Protection Team and your child may need to self-isolate and take a test.	When a negative test has been confirmed or the necessary isolation period has been completed
We have received medical advice that my child must resume shielding	Do not come to school Shield until you are informed that restrictions are lifted and shielding is paused again.	Inform the school that restrictions have been lifted and your child can return to school again.
My child is experiencing other symptoms, such as: • Symptoms of a cold or sore throat	Follow our normal procedures for sickness absence	Children return to school when they feel better.
 Congestion, or a runny nose Chills Muscle pain Headache 		If your child has been vomiting or had diarrhoea they should stay at home until 48 hours after these
 Nausea or vomiting Diarrhoea Tiredness 		symptoms stop.