**PE Scheme of work 2017 - 2018 – Respite**

**Term 1: SEPT-DECEMBER**

1. To outwit their opponent in competitive and isolated practices
2. To demonstrate their understanding of the rules and regulations within in a game and how to apply technical and strategic tactics to outwit their opponents
3. In competitive situations to learn how to improvise their use of skills within the changes of the conditions
4. In their literacy levels and the use of key words and sports specific terminology

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| **Week** | **Activity** | **Homework** |
| **Week 1 - Week commencing 03/09/2018** | **Introduction and Passing (feet)** | Worksheet on invasion games using feet |
| **Week 2 - Week commencing 10/09/2018** | **Passing (hands)** | Worksheet on invasion games using hands |
| **Week 3 - Week commencing 17/09/2018** | **Dribbling (hands)** | Worksheet on Handball |
| **Week 4 - Week commencing 24/09/2018** | **Dribbling (feet)** | Worksheet on football Practical practice |
| **Week 5 - Week commencing 01/10/2018** | **Shooting (Hands)** | Worksheet on shooting (netball) |
| **Week 6 - Week commencing 08/10/2018** | **Shooting (feet)** | Futsal / beech soccer rules and regulations |
| **Week 7 - Week commencing 15/10/2018** | **Game Situations -1 (Games involving Hands)** | Basketball worksheet |
| **Week 8 - Week commencing 22/10/2018** | **Game Situations – 2 (Games involving Hands)Basketball/Handball/Dodgeball** | Worksheet on hand sports |
| **Week 9 - Week commencing 05/11/2018** | **Game Situations – 3 (Games involving Feet) - Football** | Worksheet on offside rule (football) |
| **Week 10 - Week commencing 12/11/2018** | **Introduction – Table Tennis** | Table tennis fact sheet and questions |
| **Week 11 - Week commencing 19/11/2018** | **Forehand** | Table tennis – Forehand shots  Practicing forehand strokes |
| **Week 12 - Week commencing 26/11/2018** | **Backhand** | Table tennis –Backhand shots  Practicing backhand strokes |
| **Week 13 - Week commencing 03/12/2018** | **Incorporating Spin** | Table tennis –Backhand shots Practicing backhand strokes |
| **Week 14 - Week commencing 10/12/2018** | **Table Tennis - Doubles** | Practice working with partners  Table tennis worksheet on doubles |
| **Week 15 - Week commencing 17/12/2018** | **Table Tennis – Doubles (Tournament)** | Self-Assessment / Peer-Assessment table tennis |