About This Leaflet

This leaflet is designed to be a starting point. Hopefully, it has provided sufficient information to help you get started in the job of guiding your child towards becoming more aware of the dangers they might face when using information and communication technologies. Further information can be obtained via the links provided within this booklet.

Points of Contact

Designated Safeguarding Lead & E-Safety Co-ordinator:

M.Boothe

Deputy Safeguarding Lead:

D.Sutherland

Senior Information Risk Owner(SIRO):

S.Cooper

ICT Technician:

A.Goodenough

All of the above points of contact can be reached via the email address referenced at the back of this leaflet

More information can be found on TJAs safeguarding page at:
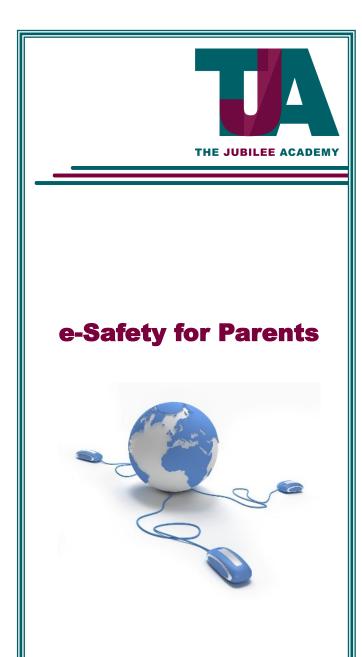
TheJubileeAcademy.org.uk/safeguarding/

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e-Safety for Parents

Keeping your child safe online

Introduction

Information technology is ever changing and ever evolving. The possibilities and opportunities presented through proper use are invaluable and unimaginable. The internet and the increasing number of digital devices with active connections to the internet have become integral parts of the everyday lives of young people. As such, E-Safety is a crucial part of any schools key safeguarding duties. It is important to remember that the internet provides a wealth of opportunities and if used safely can be a tremendous tool to encourage learning and advancement.

The main risks associated with the use of information technology can be categorised in to the 'Three C's':

Content:
Exposure to inappropriate or adult materials such as or relating to Pornography, violence, self-harm, extremism, drugs and substance abuse, hate etc.

Contact:
Inappropriate interactions with other people, known or unknown. This includes grooming, cyber bullying, hacking, 'catfishing', identity theft etc.

Conduct:
Behaviour online and through other forms of communication (such as mobile phones), including copyright issues, privacy issues, data protection issues and sexting.

Although children are taught most aspects of internet safety at TJA, you too can play an important part in helping to safeguard young people online.

What can I do?

•Talk to your child about who they're talking to online and encourage them to think before talking to people they don't know in person. Encourage them also to think about what sort of information they might be sharing.

•Try to understand and guide your child's online behaviour - negotiate and establish boundaries and discuss sensitively the issues around concepts such as 'friendship'.

•Familiarise yourself with any programmes or websites your child uses. Visit **net-aware.org.uk** for up to date information on the most popular social media networks and apps.

•Ask your child if they know how to block or report someone who they don't want to talk to. If they don't, help them to learn how to use the blocking feature.

• Use parental control software provided by your internet service provider, mobile phone network or games console and consider using filtering options, monitoring and setting time limits for access to chat...but don't forget these don't block or flag up everything! Use **internetmatters.org/parental-controls** for information about available filters.

• Use the Pegi ratings displayed on game boxes to make sure your child is playing age appropriate games.

• If you discover misconduct between your child and someone online stay calm, investigate the facts and seek expert help if needed.

• If appropriate, as part of a wider discussion about sex and relationships, cover how people may use the internet to explore their sexuality, their ability to exploit

Useful Links/Resources

Childline (0800 1111)

Child Exploitation and Online Protection Centre (CEOP) ceop.police.uk

Thinkuknow.co.uk

CyberMentors.org.uk

Internet Watch Foundation (iwf.org.uk)

GetSafeOnline.org

Childnet.com

Net-aware.org.uk (social media guidance)

Internetmatters.org/parental-controls